


# NORTHERN IRELAND PERSONALITY DISORDER CONFERENCE

Tuesday 19 & Wednesday 20 March 2011

**Holiday Inn Ormeau Ave. Belfast**

Discounted car parking is available in the NCP car park on Hardcastle Street (directly behind hotel). To qualify, please have your ticket stamped at the reception desk in the hotel.

## Further Information

The College's Data Protection Statement can be viewed at [www.rcpsych.ac.uk/dataprotection](http://www.rcpsych.ac.uk/dataprotection)  The organisers reserve the right to change the programme without prior notice. Where for any reason, the organizers cancel the event, liability will be limited to the conference fee, if payable.

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## Supporting the Conference:



## REGISTRATION BY Monday 14th April.

(Places allocated on a first come, first serve basis)

HOW TO BOOK:  
Please forward this registration form to:

The Division Administrator  
The Royal College of Psychiatrists  
Clifton House  
2 North Queen Street  
BELFAST  
BT15 1EQ

Tel: 028 9027 8793 Fax: 028 9031 2461  
Email: [nirelanddiv.rcpsych.ac.uk](mailto:nirelanddiv.rcpsych.ac.uk)

YOUR DETAILS
Name/Title: <small>(as you wish it to appear on your badge)</small>
Email:
Place of Work:
Mailing Address:
Contact No:
Special Requirements:
Dietary:
Other:

## REGISTRATION FEE

**The Department of Health and Belfast Social & Health Care Trust have provided substantial support for this conference and therefore no registration fee is payable.**

However Belfast Trust, in collaboration with NIAMH (the Northern Ireland Association for Mental Health), wish to support "Malawi-Vwira", a project, close to the heart of Dr Graeme McDonald, recently deceased, former Associate Medical Director (BHSCT), former Chair of NIAMH, and a strong supporter of mental health services in NI.

Malawi-Vwira provides care and support for people who have been diagnosed with severe and enduring mental illness in Malawi. It is the first and only Malawian owned community based mental health service in Malawi.

If you wish to donate to this cause, please make your cheque payable to "NIAMH – Malawi-Vwira Project". A £10 contribution would be most acceptable.

# NI PERSONALITY DISORDER CONFERENCE

Holiday Inn, Ormeau Avenue, Belfast  
Tuesday 19 & Wednesday 20th April 2011

Presented by the Oxfordshire Complex Needs Service in conjunction with the Thames Valley Initiative, DHSSPSNI & Belfast Trust

## The NI Personality Disorder Conference

**Personality Disorder is prevalent and disabling. Research suggests that one in 20 people in NI are affected, some very severely which can result in recurrent self harming and in some cases extreme anti-social behaviour.**

PD is associated with social exclusion, unemployment, homelessness, substance abuse and crime as well as feelings of isolation, rejection, intense pain and distress. The Bamford Review of Mental Health and Learning Disability recognised the lack of dedicated services available for people suffering from this disorder.

The focus of this two day event is to raise awareness of personality disorder (PD) and the impact it has on service users, carers, professionals and resources. As well as raising the profile of PD, it will give delegates the space to think, explore, network, innovate and collaborate and help shape the development of services in NI across the different domains of need.



# Training Facilitators

The Oxfordshire Complex Needs Service is one of the largest PD services in the UK. It is part of the Oxford Health Foundation NHS Trust. It was one of 11 community PD treatment pilots set up by the Department of Health in 2005, comprising part of the Thames Valley Initiative (TVi).

The other parts of TVi were Buckinghamshire and Berkshire complex needs services, between them covering a population of 2.2 million; and the Training, Research and Recovery Team, now known simply as TVi. This team provides training, research and ex service user input to the three clinical teams, which have been joined by a new service in Milton Keynes, as well as training to a range of regional and national teams on request.

The Oxfordshire Friends and Family Empowerment service (OFAFE) is the support and education service provided for loved ones of those with complex emotional needs or personality disorder. OFAFE is a collaboration between the Oxfordshire Complex Needs Service and Rethink carer services.

TUESDAY	19 APRIL 2011
09.30	Registration
10.00	Welcome & Introduction – Dr Ian McMaster, Chair – Bamford Sub-Group, DHSSPSNI & Dr Gerry Waldron, Consultant in Public Health Medicine, Public Health Agency.
10.10	Keynote Speech – The historical context of the treatment of Personality Disorder  Dr Steve Pearce, Oxford & Buckinghamshire Mental Health Trust
10.50	Personality adaptation – Putting PD in context Kevin Emrys, Thames Valley Initiative
11.20	Refreshments
11.45	Personal Experiences of Personality Disorder - STARS (Experts by Experience/ ex service users)  Developing ways of responding both clinically and relationally - Gill Attwood and Fiona Blyth
12.30	Personal experiences of Personality Disorder - (Carers)  Enmeshment and Symbiosis- the impact on recovery - Sara Sanders
13:00	Lunch
14:00	Experience of working with PD: the delights and dramas - Gill Attwood
15:15	Stigma and Labelling – the impact Aetiology – theoretical viewpoints - Fiona Blyth
16.30	Close

## Who Should Attend?

NI Personality Disorder Conference is aimed at

- Service Users & Carers
- Mental Health professionals
- Psychiatrists
- Social Workers
- Occupational Therapists
- Psychologists
- Nursing Staff
- Staff in Emergency Departments
- Voluntary Services
- Commissioners
- Ambulance Personnel
- PSNI
- Criminal Justice
- Probation Services
- Prison Services
- Legal Services
- Forensic Services

WEDNESDAY	20 APRIL 2011
09.30	Welcome
09.40	State of the evidence – Dr Steve Pearce
10.30	Refreshments
11.00	<b>Break Outs</b>  Setting up a PD Treatment Service – Dr Steve Pearce  Setting up PD Carer Services – Sara Sanders and Kevin Emrys  Setting up STARS services and improving service user input in service development and delivery – Fiona Blyth and STARS  Surgery for Service Users and Carers to explore their interpersonal dynamics through action methods - Gill Attwood
12.30	Lunch
13.30	<b>Resume as a large group</b> - Experts Feedback – “Take Home Messages” - Delegates Feedback - Open Panel & discussion
15.30	Refreshments
16:00	Debate: “This house believes that all personality disorder treatments are the same” – Dr Steve Pearce and Dr Maria O’Kane
16:30	Discussion
16:45	Close

### Kevin Emrys

Kevin Emrys has been involved in the delivery, training and the development of specialist personality disorder services in a wide variety of roles with assorted organisations since 2002. As well as delivering training for a variety of different organisations he works as a Support Time and Recovery (STR) worker facilitating pretherapy groups in Oxfordshire Complex Needs Service. Kevin also co-designed the OFAFE service with Sara Sanders and continues to co-facilitate this group. Kevin is also an ex-service user.



### Dr Steve Pearce

Dr Steve Pearce is the programme director of the Oxfordshire Complex Needs Service and a consultant psychiatrist. He trained at St Andrews and Manchester, and worked in general medicine before training in psychiatry at The Maudsley Hospital in London. In 2002 he was recruited to the Oxfordshire to set up a personality disorder service, which was to become the Oxfordshire Complex Needs Service.



### Fiona Blyth

Fiona Blyth trained as a psychiatric nurse and specialised in acute services before qualifying as a psychotherapist. She joined the West Berkshire Psychotherapy Service in 1992 as a consultant psychotherapist working in the outpatient psychotherapy service and Winterbourne Therapeutic Community. She is currently training director for the Thames Valley Initiative and also practices as an independent trainer and supervisor with a special interest in the development of personality disorder services and collaborative projects with service users.



### Sara Sanders

Sara Sanders is Deputy Team Leader of the Oxfordshire Complex Needs Service. She is also clinical lead for the main therapeutic community in Oxford and the Oxfordshire Friends and Family Empowerment service (OFAFE). Sara trained originally as a mental health nurse before moving into the specialist field of personality disorder. She is currently undertaking her advanced psychotherapy training in Transactional Analysis.



### Gill Attwood

Gill Attwood is the Team Leader for the Oxfordshire Complex Needs Service and Thames Valley Initiative and clinical lead for one of the three mini therapeutic communities in Oxfordshire. She originally trained as a mental health nurse before training as a psychodramatist.