

## Revisiting our skills in assessment of self-harm & suicide: Helping people in crisis

### Facilitators:

**Linda Gask** *Emerita Professor of Primary Psychiatry, University of Manchester and*  
**Gill Green** *STORM Skills Training CIC*

### Timetable:

9.45 - 10.00:	Arrival and coffee
10.00 - 10.10:	Introductions and goal setting for the day
10.10 - 11.15:	Understanding self-harm <ul style="list-style-type: none"><li>• <i>Thinking</i> about terminology</li><li>• <i>Engaging</i> the patient- the key skills</li><li>• <i>Assessing</i>: the key questions</li></ul>
11.15 - 11.30:	BREAK
11.30 - 12.00:	Practical session: developing and practicing role-plays with own complex clinical cases
12.00 - 12.50:	Using digital recordings to learn and teach specific skills
12.50 - 13.00:	Reviewing our goals and discussion
13.00 - 13.45:	LUNCH
13.45 - 14.30:	Helping people in crisis: strategies and skills
14.30 - 15.00:	Practical session: Role-play of a mini-case supervision session
15.00 - 15.15:	BREAK
15.15 - 16.10:	Using digital recordings to learn and teach specific skills
16.10 - 16.30:	Revisiting goals and conclusions with feedback